

CARRIERS/ROUTING/CLAIMS



CARRIERS & THEIR LIMITS

Carriers	Carrier Type	Lbs	Length Limit	NOTES
Atlas Courier	Parcel	0 - 150 Lbs	107 inches	
Canada Post	Parcel	1 - 15 Lbs	77 inches	Only use for PO Box/Range Road Addresses
Coutts Courier	Parcel	0 - 150 Lbs	107 inches	
CSA Transport	LTL	All	All	
Day & Ross	LTL	151 + Lbs	All	
Frontier	Parcel/LTL	All	All	
Gardewine	LTL	151 + Lbs	All	
Loomis	Parcel	0 - 150 Lbs	107 inches	Does not service Rural Roads or PO Boxes
Midland Courier	Parcel	0 - 150 Lbs	107 inches	
Midland Transport	LTL	151 + Lbs	All	
Monarch Messenger	Parcel	0 - 150 Lbs	107 inches	
Quad Express	LTL	151 + Lbs	All	
R&M Transport	Parcel/LTL	All	All	
Fedex	Parcel	0 - 150 Lbs		
Vitran Express	LTL	151 + Lbs	All	

EX WINNIPEG

PARCEL

Origin	Depot	Region/Zone	Carrier	Weights	NOTES
Winnipeg	Canada West	BC	Loomis	0 - 150 Lbs	
Winnipeg	Canada West	BC - Greater Van	Atlas	0 - 150 Lbs	Zone Chart for applicable delivery cities
Winnipeg	Monarch Messenger	AB - Calgary	Monarch	0 - 150 Lbs	
Winnipeg	Coutts Courier	SK - Courier	Coutts	0 - 150 Lbs	Zone Chart for applicable delivery cities
Winnipeg	Frontier Winnipeg	SK	Loomis	0 - 150 Lbs	
Winnipeg	Frontier Winnipeg	MB Local	Frontier	0 - 150 Lbs	Zone Chart for applicable delivery cities
Winnipeg	Frontier Winnipeg	MB	Loomis	0 - 150 Lbs	
Winnipeg	Frontier Winnipeg	ON, QC, PE, NB, NL, NS	Loomis	0 - 150 Lbs	

EX WINNIPEG

LTL

Origin	Depot	Region/Zone	Carrier	Weights	NOTES
Winnipeg	Frontier Winnipeg	BC	Vitran	151 + Lbs	
Winnipeg	Coutts	SK	Vitran	151 + Lbs	
Winnipeg	Frontier Winnipeg	AB	Vitran	151 + Lbs	
Winnipeg	Frontier Winnipeg	MB Local	Frontier	151 + Lbs	Zone Chart for applicable delivery cities
Winnipeg	Frontier Winnipeg	MB	Gardewine	151 + lbs	
Winnipeg	Frontier Winnipeg	ON, QC, PE, NB, NL, NS	Vitran	151 + Lbs	

EX TORONTO

PARCEL

Origin	Depot	Region/Zone	Carrier	Weights	NOTES
Vaughan	Frontier Vaughan	GTA - Frontier	Frontier	0 - 150 Lbs	Zone Chart for applicable delivery cities
Vaughan	Frontier Vaughan	ON, QC, NB, NL, NS, PE	Midland Courier	0 - 150 Lbs	Applicable for Cross Border Clients
Vaughan	Frontier Vaughan	ON, QC, NB, NL, NS, PE	Loomis Express	0 - 150 Lbs	Applicable for Sleep Innovations & Carpenter
Vaughan	Frontier Vaughan	ON, QC, NB, NL, NS, PE	Midland Courier	0 - 499 Lbs	Applicable for Toronto Courier Clients
Vaughan	Frontier Vaughan	ON, QC, NB, NL, NS, PE	Loomis Express	0 - 499 Lbs	Applicable for Endy Sleep
Vaughan	Frontier Vaughan	MB, SK, AB, BC, NT, YT, NU	Loomis Express	0 - 150 Lbs	Applicable for Cross Border Clients
Vaughan	Frontier Vaughan	MB, SK, AB, BC, NT, YT, NU	Loomis Express	0 - 499 Lbs	Applicable for Toronto Courier Clients

EX TORONTO

LTL

Origin	Depot	Region/Zone	Carrier	Weights	NOTES
Vaughan	Frontier Vaughan	GTA - Frontier	Frontier	151 + Lbs	Zone Chart for applicable delivery cities
Vaughan	Frontier Vaughan	NB, NL, NS, PE	Midland Transport	151 + Lbs	Applicable for Cross Border Clients
Vaughan	Frontier Vaughan	NB, NL, NS, PE	Midland Transport	500 + Lbs	Applicable for Toronto Courier Clients
Vaughan	Frontier Vaughan	MB, SK, AB, BC, NT, YT, NU, ON, QC	Vitran Transport	151 + Lbs	Applicable for Cross Border Clients
Vaughan	Frontier Vaughan	MB, SK, AB, BC, NT, YT, NU, ON, QC	Vitran Transport	500 + Lbs	Applicable for Toronto Courier Clients

EXPORT COQUITLAM PARCEL

Origin	Depot	Region/Zone	Carrier	Weights	NOTES
Port Coquitlam	Canada West	Vancouver	Atlas	0 - 150 Lbs	Zone Chart for applicable delivery cities
Port Coquitlam	Canada West	Canada	Loomis	0 - 150 Lbs	

EXPORT COQUITLAM

LTL

Origin	Depot	Region/Zone	Carrier	Weights	NOTES
Port Coquitlam	Canada West	Vancouver	Day & Ross	151 + Lbs	Zone Chart for applicable delivery cities
Port Coquitlam	Canada West	Canada	Vitran	151 + Lbs	

USA

PARCEL / LTL

PARCEL

Origin	Depot	Region/Zone	Carrier	Weights	NOTES
Itasca	Frontier Itasca	Chicago	R&M	0 - 150 Lbs	Zone Chart for applicable delivery cities
Itasca	Frontier Itasca	USA	Fedex	0 - 150 Lbs	

LTL

Origin	Depot	Region/Zone	Carrier	Weights	NOTES
Itasca	Frontier Itasca	Chicago	R&M	151 + Lbs	Zone Chart for applicable delivery cities
Itasca	Frontier Itasca	WI	R&M (Jeff's Fast Freight)	151 + Lbs	Zone Chart for applicable delivery cities
Itasca	Frontier Itasca	USA	Quad Express	151 + Lbs	

USA cont. FRONITER CLIENT PICK UPS TO ITASCA

Origin	Depot	Region/Zone	Carrier	Weights	NOTES
Chicago	Destination: Itasca	Chicago	R&M	all	Zone Chart for applicable delivery cities
WI	Destination: Itasca	WI	R&M (Jeff's Fast Freight)	all	Zone Chart for applicable delivery cities
USA	Destination: Itasca	USA	Quad Express	all	
IN	Destination: Itasca	IN	Forward Air	all	Conn Selmer, all RV Clients

SPOT MOVES

PARCEL

Origin	Depot	Region/Zone	Carrier	Weights
GTA	Frontier Vaughan	GTA	Frontier	0 - 150 Lbs
Eastern Canada	Frontier Vaughan	ON, QC, NB, NS, NL,PE	Midland Courier	0 - 150 Lbs
Western Canada	Frontier Vaughan	BC, AB, SK, MB, NT, NU, YT	Loomis Express	0 - 150 Lbs
MB Local	Frontier Winnipeg	MB Local	Frontier	0 - 150 Lbs
Western Canada	Frontier Winnipeg	BC, AB, SK, MB, NT, NU, YT	Loomis Express	0 - 150 Lbs
Eastern Canada	Frontier Winnipeg	ON, QC, NB, NS, NL,PE	Loomis Express	0 - 150 Lbs
Eastern Canada	Eastern Canada	ON, QC, NB, NS, NL,PE	Midland Courier	0 - 150 Lbs
Western Canada	Western Canada	BC, AB, SK, MB, NT, NU, YT	Loomis Express	0 - 150 Lbs
Western Canada	Eastern Canada	All Provinces	Loomis Express	0 - 150 Lbs
Eastern Canada	Western Canada	All Provinces	Loomis Express	0 - 150 Lbs
Chicago	Chicago	Chicago	R&M	0 - 150 Lbs
Frontier Warehouse	USA Point	Winnipeg, Toronto, Vancouver	Day & Ross	0 - 150 Lbs

SPOT MOVES

LTL

Origin	Destination	Region/Zone	Carrier	Weights
GTA	Frontier Vaughan	GTA	Frontier	151 + Lbs
Eastern Canada	Frontier Vaughan	NB, NS, NL, PE	Midland Transport	151 + Lbs
Western Canada	Frontier Vaughan	BC, AB, SK, MB, NT, NU, YT	Vitran Express	151 + Lbs
MB Local	Frontier Winnipeg	MB Local	Frontier	151 + Lbs
Western Canada	Frontier Winnipeg	BC, AB, SK, MB, NT, NU, YT	Vitran Express	151 + Lbs
Eastern Canada	Frontier Winnipeg	ON, QC, NB, NS, NL, PE	Vitran Express	151 + Lbs
Eastern Canada	Eastern Canada	NB, NS, NL, PE	Midland Transport	151 + Lbs
Western Canada	Western Canada	BC, AB, SK, MB, NT, NU, YT	Vitran Express or Day & Ross	151 + Lbs
Western Canada	Eastern Canada	All Provinces	Vitran Express	151 + Lbs
Eastern Canada	Western Canada	All Provinces	Vitran Express	151 + Lbs
Chicago	Chicago	Chicago	R&M	151 + Lbs
WI	Chicago	WI & Chicago	R&M (Jeff's Fast Freight)	151 + Lbs
Chicago	WI	WI & Chicago	R&M (Jeff's Fast Freight)	151 + Lbs
USA Point	USA Point	USA	Quad Express	151 + Lbs
Los Angeles Area	Canada	to Vancouver, Winnipeg, Toronto, Calgary	CSA Transport	151 + Lbs
Canada	Los Angeles Area	to Vancouver, Winnipeg, Toronto, Calgary	CSA Transport	151 + Lbs
Frontier Warehouse	USA Point	Winnipeg, Toronto, Vancouver	Day & Ross	151 + Lbs

TRACKING

TRACKING (BOL & CARRIER INFO PRESENT)

- Open up A1
- Search for PFS
- Look for tracking at BOL field
- Track the shipment with assigned carrier

Order#: 0FS0517799, Status: INVOICED (IFS363989), Created by Process: EDI IMPORT, External ID: API-COSTCO.CA C O SLEEP INNOVATIO

Order Information

Order Entered: Feb 08 2018 at 11:29 by EDI

Ordered By: SLEEP INNOVATIONS
Placed By:
3rd Party: SLEEP INNOVATIONS
Service: Standard Desc:
Business Group: Frontier Supply Ch: Cur: US Rate #: \$18.37 Total: \$20.79 Dist: .0

Probill(s) Bill of Lading
PFS0949874 FSC50014248

Ship From

Pick Up: Date: 02/08/18 Time: 15:00
SLEEP INNOVATIONS
1717 HARVESTER ROAD
West Chicago, IL, US, 60185
Tel: (732) 443-2002 Fax:
Shipping Hours: To: City Contacts

Ship To

Deliver: Date: 02/13/18 Time: 17:00
JESSICA CHABOT
4576 RUE DROLET
Montreal, QC, CA, H2T 2G4 - MONTREAL
Tel: (438) 868-6985 Fax:
Receiving Hours: To: City Contacts

Dimensions

Skids: Lbs: 52 Kgs: 24 Com: FAK
2 PCS Feet: Cube: 46. T/L: 0 Temp: HazMat:
WT: Note: Declared Val: .00 Cur: FDA:
Order Totals

Skids	Lbs	Kgs	PCS	Feet	Cube	WT	Note
.	52	24	2		46.	0	

Ok Cancel Save Charges Load Req. Routing Customs Billing Notes Order Notes Expenses Adjustments



TRACKING (www.frontierscs.com)

- Search shipment by PFS or Waybill #

FRONTIER

Logistics Customs Track Technology News About

North American Customs Brokerage and Logistics Solutions

Track Your Package

Enter your tracking number

Track It

Need a Better Delivery Service?
click here!

FPS FRONTIER PARCEL SERVICE

Frontier US Ship

Frontier is enhancing our line haul from Winnipeg direct to Chicago.

TRACKING (www.frontierscs.com) cont.

Track faster

with Smart Labels from our new FRONTship shipping system



Track Your Package:

Submit Query

Enter your reference number. Alpha-numeric characters only



ORDER
CREATED



WE'VE GOT
YOUR PACKAGE



ALMOST
THERE



DELIVERED

Track Shipments

Tracking Number:	PFS0949874
Status:	DELIVERED
Deliver To:	Montreal, QC
Weight:	52 lbs
Pieces:	2
Estimated Delivery:	Feb 13, 2018

Tracking Events:

Delivered	LACHINE, QC	02/13/2018 at 12:20 PM	
In Transit	LACHINE, QC	02/13/2018 at 07:40 AM	
In Facility	LACHINE, QC	02/13/2018 at 05:06 AM	
In Transit	TORONTO, ON	02/12/2018 at 09:00 PM	
In Transit	TORONTO, ON	02/12/2018 at 07:19 PM	
In Facility	TORONTO, ON	02/12/2018 at 07:16 PM	
In Facility	TORONTO, ON	02/12/2018 at 07:16 PM	
Facility Scan	VAUGHAN, ON	02/12/2018 at 08:48 AM	
Leaving Facility	ITASCA, IL	02/09/2018 at 12:13 PM	EX201802090C
Checked-in At Facility	ITASCA, IL	02/09/2018 at 11:58 AM	
Shipment Record Received	WEST CHICAGO, IL	02/08/2018 at 11:29 AM	

Proof Of Delivery



TRACKING (NO BOL OR CARRIER IN A1)

Track & Trace

The screenshot shows a web browser window with the following elements:

- Browser Tab:** Track And Trace
- Address Bar:** 192.168.1.211/WebTrack/views/home.jsf
- Header:**
 - FRONTIER SUPPLY CHAIN SOLUTIONS INC.** logo on the left.
 - TRACK & TRACE** logo with a red airplane icon on the right.
- Search Section:**
 - Search:** label above a dark grey search bar.
 - Tracking Number:** label next to a blue input field.
 - Find** and **Clear** buttons below the input field.

EXAMPLE - LOCAL MB COURIER

Search:

Tracking Number: PFS0950648

Find

Clear

Tracking Details: PFS0950648 OFS0518469

Summary

References

SHIP FROM

Name:	FORT GARRY INDUSTRIES WINNIPEG (Transborder)
Address:	2525 INKSTER BLVD
City, Province:	Winnipeg, MB
Postal Code:	R3C 2E6

CONSIGNEE

Name:	Lode-King Industries
Address:	135 CANADA ST
City, Province:	Winkler, MB
Postal Code:	R6W 4B2

CARRIER

Name:	IDS
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BILL OF LADING

Number:	
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Tracking Number: R518195448144 - IDS (Barcode: IDS00153011)

Events

Date	Time	Description	Area	Additional Information
2018-02-09	10:57:11	Shipment Record Received	WINNIPEG, MB	
2018-02-09	13:50:50	Picked Up	WINNIPEG, MB	
2018-02-12	07:56:15	Delivered	WINKLER, MB	pete

EXAMPLE - 3RD PARTY CARRIER DELIVERY

Tracking Details: PFS0949874 0FS0517799

Summary

References

SHIP FROM	
Name:	SLEEP INNOVATIONS
Address:	1717 HARVESTER ROAD
City, Province:	West Chicago, IL
Postal Code:	60185

CONSIGNEE	
Name:	JESSICA CHABOT
Address:	4576 RUE DROLET
City, Province:	Montreal, QC
Postal Code:	H2T 2G4

CARRIER	
Name:	LOOMIS EXPRESS

BILL OF LADING	
Number:	FSC50014248

▶ Tracking Number: FSC50014247 - LOOMIS EXPRESS (Barcode: FSC50014247)

▼ Tracking Number: FSC50014248 - LOOMIS EXPRESS (Barcode: FSC50014248)

Events

Date	Time	Description	Area	Additional Information
2018-02-08	11:29:14	Shipment Record Received	WEST CHICAGO, IL	
2018-02-09	11:58:53	Checked-in At Facility	ITASCA, IL	
2018-02-09	12:13:14	Leaving Facility	ITASCA, IL	EX20180209001
2018-02-12	08:47:57	Facility Scan	VAUGHAN, ON	
2018-02-12	19:16:00	Arrived At Terminal	TORONTO, ON	
2018-02-12	19:16:38	Arrived At Terminal	TORONTO, ON	
2018-02-12	19:19:10	Sort Through Facility	TORONTO, ON	
2018-02-12	19:19:10	Departed Terminal	TORONTO, ON	
2018-02-12	21:00:00	Departed Terminal	TORONTO, ON	
2018-02-13	07:40:18	With Courier	LACHINE, QC	
2018-02-13	12:20:56	Delivered	LACHINE, QC	


EXAMPLE - FINDING A POD (PROOF OF DELIVERY)

PROOF OF DELIVERY

Waybill Number: FSC50014248
 Piece Number: FSC50014247
 Customer Reference Number: PFS0949874
 Customer Reference Number 2:
 Pickup Date: 2018-02-08
 Pickup Pieces: 2
 Delivery Date/Time: 2018-02-13 12:20
 Loomis Product: DD - Ground

SHIPPING FROM	SHIPPING TO
Name: FRONTIER SUPPLY CHAIN SOLUTIONS VAUGHAN JESSICA CHABOT Address: 54 VICEROY ROAD UNIT D City: CONCORD Province/State: ON Postal/Zip Code: L4K2L8 Country: CA Phone Number: Received By: philipe	4576 RUE DROLET MONTREAL QC H2T2G4

DIGITAL SIGNATURE



Background watermark: Loomis Loomis Loo

PICK UP	Monarch Messenger Services Ltd 4710 78 Ave SE Calgary CAN No Contact Specified P: F:	DELIVER TO
	STAYWELL HOME CARE 4624 VARISTY RD NW, Unit 10 CALGARY No Contact Specified P: F:	

Order Information

Pick Up Date:	3/14/2018	Ready Time:	08:00	Service:	Flat Reg (2 hrs DT) 4-6 hrs Outside DT	Vehicle:	Van
Delivery Date:	3/14/2018	Deliver By:	14:00	Insurance:	NO	Declared Value:	\$0.00
Status:	Finalized	Picked Up:	3/14/2018 09:19	Delivered:	3/14/2018 11:27	Waiting Time:	0 min.
Weight:	0 Lbs	Reference:	PFS0964149	Waybill #:	LDDG0008535	COD:	\$0.00
Ordered By:	FRONTIER	Department:					
POD:	Alexis						

Packages	Comments:
Box or Bin	5
	5 OF 6 PCS

Charges	
Base Amount:	\$9.00
Weight Surcharge:	\$0.00
Waiting Time Surcharge:	\$0.00
Package Surcharge:	\$0.00
Vehicle Surcharge:	\$0.00
After Hours Surcharge:	\$0.00
Insurance Surcharge:	\$0.00
Fuel Surcharge:	\$1.02
Extras:	\$0.00
Subtotal:	\$10.02
CT (0.70%):	\$0.00
	\$0.00
Total:	\$10.02

3RD PARTY CARRIER WEBSITE

Loomis Express:

www.loomisexpress.com

Vitran Express:

www.vitran.com

Midland Transport:

www.midlandtransport.com

Midland Courier:

www.midlandcourier.com

Monarch Messenger:

<http://208.98.242.90/ccweb/login.aspx>

Coutts Courier:

<http://orders.couttscourier.ca/CCWeb/login.aspx>

Atlas Courier:

<https://apps.etrac.net/retailoe/Login.asp>

Canada Post:

www.canadapost.ca

Fedex:

CAN: www.fedex.com/ca_english/
USA: <https://www.fedex.com/en-us/home.html>

Day & Ross:

www.dayross.com

Purolator:

www.purolator.com

UPS:

CAN: www.ups.ca
USA: www.ups.com

3RD PARTY CARRIER CONTACTS

Loomis Express:

Anna De Angelis -
Anna.DeAngelis@loomis-
express.com

Vitran Express:

Narinder Sharma -
Narinder.Sharma@vitran.com /
Erica Dolan -
erica.dolan@vitran.com

Midland Transport/Midland Courier:

Sylvie Robichaud -
Robichaud.Sylvie@midlandtranspo
rt.com

Monarch Messenger:

Kyle Pouliot -
kpouliot@monarchmessenger.com

Coutts Courier:

Petra Coutts Scheibel -
Petracoutts@couttscourier.ca

Canada Post:

Franck Ndayubashe -
Franck.Ndayubashe@canadapost.p
ostescanada.ca

Atlas Courier:

operations@atlascourier.com

Day & Ross:

Samantha Pelletier -
Samantha.PELLETIER@dayandrossi
nc.ca

Purolator:

Karla Mazur -
Karla.Mazur@purolator.com

CLAIMS

CLAIM PROCESS

- Client have 60 days to file a claim after shipment date
- Frontier claim form must be completed along with a commercial invoice
- Any documents to support the claim (ie pictures, BOL, POD)
- Send completed claims to Claims@frontierscs.com

QUIZ TIME

Identify who we would use to deliver each of the following shipments

#1

LOOMIS

1 Box

20" x 20" x 20"

30 lbs.

Winnipeg, MB to
Saskatoon, SK



#2

VITRAN

1 Skid

48" x 48" x 48"

500 lbs.

Winnipeg, MB to
Vancouver, BC



#3

MIDLAND TRANSPORT

1 Skid

48" x 40" x 54"

650 lbs.

Vaughan, ON to
Halifax, NS



#4

LOOMIS

1 Box

10" x 5" x 5"

2 lbs.

Vancouver, BC to
Regina, SK



#5

CANADA POST

1 Box

15" x 10" x 10"

20 lbs.

Winnipeg, MB to
Dauphin, MB (PO BOX
ADDRESS)



#6

MIDLAND TRANSPORT

1 Tube

110" x 5" x 5"

25 lbs.

Vaughan, ON to
Charlottetown, PEI





YAAASSS



THE END



SHIP IT!